

# **Beyond Manifestation**

## **A Course for Connecting to the Divine**

By Dr. Joe Vitale

Author, *The Attractor Factor*,  
*Life's Missing Instruction Manual*  
and way too many other books to list here  
See [www.mrfire.com](http://www.mrfire.com)



*“Who looks outside, dreams; who looks inside, awakes.”*

– Carl Jung



But let's not stop there.

What would be *better* than what you just wrote down?

In other words, if you took the lid off of your thinking and pretended you had all the power of a god or goddess, what would you want to have, do or, be?

Think big. Go for the impossible.

*Dare something worthy.*

If you wrote down that you want \$50,000, well, wouldn't \$100,000 be even better?

If you wrote down you want a new Honda car, well, might a new BMW be better?

I'm simply encouraging you to dream big.

And write it down here:

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Now let me ask you an important question:

*Where* did those intentions come from?

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Now, get ready for a miracle!

## **Introduction**

### **By Story Waters**

I am very happy to be writing an introduction to this inspirational paper on advanced manifestation because not only does it have the power to inspire people to realize the power of their own creatorship but, as Joe discusses, it is in itself the product of inspiration. The words are literally a product of what they are directing the reader towards – ‘Creation by Inspiration’.

Coming straight from the heart, the words speak directly to the heart; uplifting the reader to feel the simplicity and beauty of creation. To feel the creation within you is to feel what you are; you are the creator of your own being. To know the power of creation within you is to truly know yourself and that is to know God. This is how a paper on manifestation is indeed a course for awakening. To awaken your power of creation is to awaken to the miracle of this reality and touch the very essence of your soul. It is to awaken to the nature of creatorship where reality is something that flows from you, rather than is something that happens to you.

So in reading these words let go of your mind, which only has the power to create from within the limitations of what it knows, and instead feel the power of inspirational creation within you that these words so divinely point at. Allow yourself to be inspired such that through the energy of that inspiration you can create from the excitement of the unknown, the dreamscape of your imagination, and most importantly the love within your heart.

- Story Waters

<http://www.limitlessness.com/seed/vitale.cfm>

*“One of the greatest realizations of our freedom is that you do not need to compete for energy. Reality is not only what is before you; that idea is to reduce All That Is to a physical box. You are surrounded by an infinite supply of yet-to-be-named neutral energy. The potential of this energy is only limited by your belief as to what you can do. This energy field is a reflection of our infinite source. Only the belief that you are a slave to the circumstances of your reality holds you from releasing the potential of this energy field. To tap into it is to realize your sovereignty because it is to know that you have all that you could ever need in the limitless dominion of your own self-creation. To reject reality is to be a slave to it. To accept reality is to stand in the sovereignty of your creatorship. To know the freedom of choice you have over your beliefs is to come to realize that there is no aspect of reality that you are bound to. There are no shackles to which you do not hold the key. There is nothing that you need to serve. There is nothing that you cannot let go of. There is no limit to the potential from which you can create something new. You are free. You are sovereign.”*

*-- from You are God. Get Over It! By Story Waters*

### **A few words about YOU**

In order to get the most from this course and this manual, you need to recognize something: You signed up because you felt there was something more to learn about manifestation.

You already know how to un-consciously manifest and you're learning how to consciously manifest. You may have attracted a car, a house, a spouse, better health, or something bigger, or smaller. You know the basics. But you have a sneaking suspicion you don't know it all.

You signed up because you want to know what the *advanced* secrets are to manifesting the life of your dreams.

For that to happen, you must let go of your preconceived notions of how the world works. If you don't, you will judge everything you see and hear during this course against what you already know. Well, if what you already know were enough, you wouldn't be sitting here reading this. To advance to the next level, you have to let go to the old you and allow a new you to be born. You have to go *beyond* what you know.

My advice is to enjoy the ride, while doing your best to let go of any judgment. This material is designed to create an *awakening*. For that to happen, you have to say, "I'm going to trust the process."

That's what happened to me. While I'm the author of *The Attractor Factor*, and while I'm in the movie *The Secret*, I also realized there is more to the art of manifestation. Reading all the books on the subject wasn't fulfilling me. I sensed something was missing. To find the missing piece, I had to *let go* of what I knew in order to awaken to something new.

The process has been adventurous. My book, *Adventures Within*, narrates some of the wild and crazy things I did to awaken. Every guru or teacher or seminar nudged me forward. But I didn't feel there was a literal awakening until I discovered the Hawaiian healing art called *ho'oponopono*.

I'm currently writing a book with Dr. Ihaleakala Hew Len on ho'oponopono. I've also trained with him personally, attended two workshops with him, brought him to Austin, Texas for a private dinner/seminar, and stay in touch with him via e-mail.

While ho'oponopono isn't about you manifesting your reality, it is about trusting the Divine to manifest it for you, with your help. It's about reconnecting to the Divine and letting the Divine inspire you into co-manifesting what *It* wants for you.

The goal of ho'oponopono is to get you clear so you are at what I am calling **The Z State** or **Zero Limits** state. At that place you are clear of beliefs and are able to hear the Divine when it sends a message to you. You are then Beyond Manifestation.

In short, you end up being a *participant* in the manifestation process and not the choreographer of the manifestation.

Again, this aspect will be an important secret throughout this manual and this course.

That said, let's begin...

*“Speak to hear the surprise from your own voice.”*

-- Bradford Keeney, *Improvisational Therapy*

### **In the Beginning...**

I was driving the scenic back roads to San Antonio when seven manifestation principles appeared in my mind.

They came with such precision, and with such a sense of inspiration, that I actually pulled off the road, stopped the car, and wrote them down.

These insights go beyond the five steps explained in my book, *The Attractor Factor*. Anyone just starting to learn how to manifest their own reality needs to start with that book and those steps. Otherwise, the following may totally confuse you.

So, before we go to deep here, let's review the five steps in *The Attractor Factor*:

1. Know what you don't want.
2. Choose what you do want.
3. Get clear.
4. Nevillize your intention.
5. Let go.

Even if you're a veteran of the five steps in *The Attractor Factor*, you may not understand the seven insights I'm about to reveal to you at first glance, which is why we will explore them in my Manifestation Weekend.

Since I want you to get started on having the life you prefer, I want to get these advanced insights and new steps to you right away.

These principles and steps help explain why I've been able to manifest some huge accomplishments without actually trying to make them happen.

Here are a few of them:

- My Nightingale-Conant audio program, *The Power of Outrageous Marketing*, happened *after* I quit pounding on their door for ten years.
- How did I go from homeless to poverty to struggling writer to published author to bestselling author to Internet marketing guru *with no plan at all?*

- My desire to attract a BMW Z3 sports car led to me *being inspired* with an Internet marketing idea no one ever thought of before – which made me \$22,500 in one day and a quarter of a million dollars in a year or so.
- My desire to buy and move into a Hill Country estate when I was broke and going through a divorce led to me creating a new business which brought in \$50,000 *in one day*.
- My huge weight-loss of 80 pounds occurred *after I gave up* and opened myself to a new way to achieve my desire.
- My desire to be the author of a #1 bestselling book led to my writing a #1 bestselling book I *never planned* to write at all and *wasn't even my idea*.

If you look at the above accomplishments with a critical eye, you might see that none of them were directly created by me.

Yes, I certainly *participated* in their manifestation, but I did not and could not directly make them happen. I don't have that much conscious control. It was more a matter of my following the steps --- or better stated, *allowing* the steps -- I'm about to describe to you.

Since the only way to begin to understand what I'm trying to explain here is to just jump into the deep end of this advanced thinking on manifestation, let's do that now.

But first, a test...

Look at the below chart say the **COLOR** - **NOT** the word:

YELLOW	BLUE	ORANGE
BLACK	RED	GREEN
PURPLE	YELLOW	RED
ORANGE	GREEN	BLACK
BLUE	RED	PURPLE
GREEN	BLUE	ORANGE

How'd you do?

This is a left brain - right brain conflict.

The right brain wants to say the color while your left brain insists on saying the *word*.

What does this test prove?

Simply stated, it's pretty tough for us to know *everything* in life with any accuracy. Our brains are only seeing a part of the big picture, and our left and right sides are interpreting what we see in different ways.

When you state an intention, you are doing it from a very limited and even inaccurate and incomplete view of the world.

Plus a single intention often overlooks all the other areas of your life. Trying to state intentions in all areas may limit your experiencing any of the areas in a more divine way.

And trying to state *how* you will achieve an intention is the biggest stumbling block of all. When you state how, you are coming from the past and your ego. The Divine can see the big picture and may have a better route to your success.

In short, we need to be open to new ways of being, learning, thinking, and, yes, even manifesting.

In my opinion, the only intention you want is to be one with the intentions of the Divine.

I'll repeat that:

***The only intention you want is to be one with the intentions of the Divine.***

What you ultimately want is inner peace. When you state intentions for new cars, houses, spouses, health, wealth or anything else, you are stating the *symbols* for what you really want: Inner peace.

This course is about going for the ultimate goal. Manifest *that* and all else will be added to you, and you'll be naturally grateful for all of it.

But let's begin at the beginning...

**Question: If money weren't a concern, health and happiness were a given, and you had nothing to prove to yourself or anyone else, *and* you knew you would not fail, what would you do? (Be honest. No one is looking.)**

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## The Three Types of Manifesting

First, let me describe the three types of manifestation that I see working in the world:

### 1. Creation by Ignorance.

This is creation by default. It's how you are creating or manifesting most of your life experiences. You look around and wonder, *How did I create **this***? That's creation by ignorance.

If you don't choose where you want to go or what you want to do, you fall back to whatever your default setting is. Your default setting was established before you were seven years old, and maybe even younger than that. During those formative years you made some decisions about how the world works. If you don't challenge those decisions today, you live on automatic pilot, always wondering why the same things keep happening to you.

I'm in this boat, too, at least most of the time. I'm *starting* to awaken. The whole purpose of my Manifestation Weekend is to set the stage for an awakening. Creation by Ignorance isn't always fun. In fact, it can be downright miserable.

You've been there: The unexplained accidents, the people or problems that just keep appearing in your life for no apparent reason. Sometimes it just feels like you are destined to a life of pain and suffering.

Well, you are – until the day you begin to awaken.

Since you are reading these words, you already know that you don't have to stay stuck on level one. So let's look at --





### **3. Creation by Inspiration.**

This is creation by grace. You receive an idea, apparently out of the blue, and then act on it. The idea for my Manifestation Weekend came by inspiration. I didn't will it or even want it. Instead, it seemed to enter my mind from above me.

This is an important insight. You can create new items in the world by combining existing items, but if you allow inspiration to enter, you may create something never seen before. Creation by Inspiration is living a life of moment by moment bliss.

Most of this manual, and the Manifestation Weekend, are designed to help you live in the world of *Creation by Inspiration*.

This is how you go beyond manifestation.

This is going to take a little explanation, so let's start with some fundamental principles.

*"You can choose but you do not decide."* – Dr. Ihaleakala Hew Len

*"Every man takes the limits of his own field of vision for the limits of the world."*  
– Arthur Schopenhauer

## **Beyond Manifestation Principles**

Buckle up. It's time to go to the next level in manifestation.

Here are the seven principles of manifestation that came to me while driving to San Antonio:

### **1. You don't have a clue what is going on.**

It is impossible to be aware of *everything* happening in and around you, consciously or unconsciously. Your body and mind are regulating themselves right now, without you being aware of it. And numerous invisible signals are in the air, from radio waves to thought forms, which you have no sense of at all. You are indeed creating your own reality right now, but it is happening *unconsciously*, without your conscious knowledge or control. This is why you can think positive all you like and still be broke. Your conscious mind isn't the creator.

### **2. You don't have control over everything.**

Obviously, if you don't know everything that is happening, you can't control it all. It's an ego trip to think you can make the world do your bidding. Since your ego can't see much of what is going on in the world right now, letting your ego decide what is best for you isn't wise. You have choice, but you don't have control. You can use your conscious mind to begin to choose what you would prefer to experience, but you have to let go of whether you manifest it or not, or how, or when.

### **3. You can heal whatever comes your way because you attracted it for releasing.**

Whatever appears in your life, no matter how it got there, is up for healing simply because it's now on your radar. The assumption here is that if you can feel it, you can heal it. If you can see it in someone else, and it bothers you, then it's up for healing. Or as I'm told Oprah once said, "If you can spot it, you've got it." You may have no idea why it's in your life, or how it got there, but you can let it go because you're now aware of it. The more you heal what comes up, the clearer you are to manifest what you prefer, because you will be freeing stuck energy to use for other matters.

**4. You are totally responsible for all you experience.**

The concept of personal responsibility goes beyond what you say and do and think. It includes what *others* say and do and think that shows up in your life. If you take complete responsibility for all that appears in your life, then when someone surfaces with a problem, then it is your problem, too. This ties in to principle three, which states you can heal whatever comes your way. In short, you can't blame anyone or anything for your current reality. All you can do is take responsibility for it, which means accept it, own it, and love it. The more you heal what comes up, the more you get in tune with the source.

**5. You can attract what you prefer by playfully feeling as if you already have it.**

You can petition the Divine (whatever you call the totality of the universe) by asking for what you want. Since you can't see it all, what you want may not be right for you. The best thing to do is have a spirit of fun when imagining what you would like to have. The trick is to want something without *needing* it. And then let go to the Divine. Remember, "Not my will but thine be done."

**6. Your power is in the moment of happiness right now.**

When you want anything, appreciate it right now by appreciating what you have right now. The ultimate key to manifesting whatever you want is to realize everything you have is exactly right for you right now. Be grateful for it. This is the only moment that counts. The past is history, the future is mystery, and the present is your point of power. The great secret of manifestation is that what you ultimately want anyway is to be happy. Well, you can have that right now. Just *be happy*. From there, you can play with possibilities and desires. In fact, from there, you will be open to divine inspiration.

**7. Your desires may have come from the Divine, or from your unconscious, so accept them all.**

Since you can't know with any accuracy which is which, you are free to pursue any of your desires. You may want to use your conscious mind to determine which desires may be right for you, but all desires within you are potentially acceptable. Just be aware of the "hungry ghosts" that mean cravings may be addictions. The job of your conscious mind is to *choose* what you want to pursue.

The above seven principles are more than a mouthful. They can keep you busy for a lifetime, just trying to understand them in a way that works. To make this process and these principles easier, let's test drive them on something you want right now.

Let me walk you through that process:

## **Basic Manifestation Process**

The best way to learn is to do. So let's do it now:

### ***1. What is something you desire?***

No matter what it is, realize that it is a desire for an unknown reason. Maybe you responded to a good ad. Well, not everyone responded to the same ad. It appealed to you because it connected with something inside you. Whatever the case, your desire is ok. The only thing you have to do is ask if you really want it or not. For example, desiring a piece of cake may not be what you want if you also have a desire to lose weight. Your conscious mind is to help you choose what you want. That's its job.

### ***2. What would it feel like to already have it?***

If you desire a brand new BMW or Lexus or Bentley, what would it feel like to already have it? The idea is to experience the joy of having it, but without attachment. You won't die if you don't get it. It would just be fun if you had it. A sense of playfulness is the key to manifesting in this step.

### ***3. What is this moment bringing you?***

The idea is to feel grateful for everything in this moment, even if it is a poor health or a low bank account. If there is anything, whether in you or appearing outside of you, that you don't like, then it is *in you*. Your job is to heal it. You are welcome to do whatever it takes to let it go, from EFT to ho'oponopono to belief clearing to hypnosis to – you name it..

***4. What is the next step for you to take?***

Since you can't see the big picture, and you can't control it all in your life, then all you can do is take the next step. This is like driving your car at night. You can only see as far as your headlights shine, but you can make the whole trip that way. Whatever is the next step for you, take it. If you can't decide what the next step is, then any step is fine. Usually following your passion will be enough to show you the next step.

Again, the above principles and questions are the next evolution in my understanding of how to manifest your own reality. All of this – and much more – will be experienced and explained in my Manifestation Weekend.

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*“Any desire is yours to fulfill if you will not lose confidence in I am. Attach anything to it and it will grow. If your desire is to be rich, say to yourself: I am rich - and think from that assumption. If you want to be known, claim you already are. You can be anything you want to be by the act of assumption. Wear your desire as though it were true now, and your assumption - though denied by your senses - when persisted in will harden into fact by objectifying itself and becoming a reality.”*

- Neville 2/20/1969

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## The Secret of the Mustard Seed

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I often carry a mustard seed coin with me.

It's a small coin, about the size of a quarter, with a real mustard seed sealed on one side, and the famous quote from Jesus engraved on the other side:

“If ye have faith as a grain of mustard seed, ye shall say unto this mountain, Remove hence to yonder place; and it shall remove; nothing will be impossible for you.”

I sometimes give these magical coins out as gifts, as well. I get them from

<http://store.yahoo.com/christiandollarstore/musseedpocco.html>

The coin reminds me of faith, trust, and the power of an unwavering intention.

After all, a mustard seed has no doubt about what it will turn out to be. As long as it gets some rain and sun, it will grow.

Far too many people get hung up on the power of 'if' in manifesting goals. They let their minds trip them up.

As I've said in my books, from *The Attractor Factor* [www.attractorfactor.com](http://www.attractorfactor.com) to *Life's Missing Instruction Manual* [www.lifesmissingmanual.com](http://www.lifesmissingmanual.com), the favorite question of your mind is, "What if?"

*What if* this happens?

*What if* this goes wrong?

*What if* it doesn't work out?

Your mind will drive you batty, if you let it.

A mustard seed doesn't play the game of 'if' in manifesting goals. It "knows" about the power of instant manifestation because it doesn't interfere with its own evolution.

If you gave in to your intention, and trusted it with the same clarity as a mustard seed, what could you accomplish?

What could you manifest?

Since you are right now entertaining the possibility of manifesting something huge in your life, why not go ahead and *just do it*?

I suspect the only thing stopping you is...Your own mind.

*Ao Akua,*

*Joe*

[www.mrfire.com](http://www.mrfire.com)

## Dr. Len's Advanced Self-Improvement Method

By Dr. Joe Vitale

Three years ago I heard about a therapist who cured a complete ward of criminally insane patients – without ever seeing any of them.

This happened at a mental hospital in Hawaii. What the psychologist would do is study the inmate's charts and look within himself to see how *he* created that person's illness. As he improved himself, the patients improved.

When I first heard this story I thought it was an urban legend. How could anyone heal anyone else by healing *themselves*? And how could even the best self-improvement master cure the *criminally insane*?

It didn't make any sense. It wasn't logical.

So I dismissed the story.

But I heard it again a year later. I heard the therapist used a Hawaiian healing process called *ho'oponopono*. I never heard of it. Yet I couldn't let it leave my mind. If the story were at all true, I had to know more.

In my book, *The Attractor Factor: 5 Easy Steps for Creating Wealth (or anything else) from the Inside Out*, I said you are totally responsible for your life. You have probably heard that statement before, but never to the depth I'm about to take you.

I always understood "total responsibility" to mean I am responsible for what *I* think and do. Beyond that, it's out of my hands. I think most people think of total responsibility that way. We're responsible for what *we* do, not what anyone else does.

But that's wrong.

The Hawaiian therapist who healed those mentally ill people would teach me an advanced new perspective about total responsibility.

His name is Dr. Ihaleakala Hew Len. We probably spent an hour talking on our first phone call. I asked him to tell me the complete story of his work as a therapist.

He explained that he worked at Hawaii State Hospital for four years. The ward where they kept the criminally insane was dangerous. Psychologists quit on a monthly basis. The staff called in sick a lot, or simply quit. People would walk through that ward with their back against the wall, afraid of being attacked by patients. It was not a pleasant place to live, work or visit.

Dr. Len told me he never saw patients. He agreed to have an office and review their files. While he looked at those files, he would work on himself. As he worked on himself, patients began to heal.

This became even more fascinating when I learned the following:

“After a few months, patients that had to be shackled were being allowed to walk freely,” he told me. “Others who had to be heavily medicated were getting off their medications. And those who had no chance of ever being released, were being freed.”

I was in awe.

“Not only that,” he went on, “but the staff began to enjoy coming to work. Absenteeism and turnover disappeared. We ended up with more staff than what we needed, because patients were being released and all the staff was showing up to work. Today that ward is closed.”

This is where I had to ask the million dollar question:

“What were you doing within yourself that caused those people to change?”

“I was simply healing the part of me that created them,” he said.

I didn't understand.

Dr. Len explained that total responsibility for your life means that *everything* in your life - simply because it is *in your life* – is your responsibility. In a literal sense, the entire world is your creation.

Whew. This is tough to swallow. Being responsible for what I say or do is one thing. Being responsible for what *everyone* in my life says or does is quite another.

Yet the truth is this: If you take complete responsibility for your life, then everything you see, hear, taste, touch, or in any way experience *is* your responsibility because *it is in your life*.

That means the terrorists, the president, the economy – anything you experience and don't like – is up for you to heal. They don't exist, in a manner of speaking, except as projections from inside you.

The problem isn't with them, it's with you.

And to change them, you have to change you.

I know this is tough to grasp, let alone accept or actually live. Blame is far easier than total responsibility. But as I spoke with Dr. Len, I began to realize that healing for him and in *ho'oponopono* means loving yourself. If you want to improve your life, you have to heal your life. If you want to cure anyone – even a mentally ill criminal – you do it by healing you.

I asked Dr. Len how he went about healing himself. What was he doing, exactly, when he looked at those patients' files?

“I just kept saying ‘I'm sorry’ and ‘I love you’ over and over again,” he explained.

That's it?

That's it.

Turns out loving yourself is the greatest way to improve yourself. And as you improve yourself, you improve your world.

Let me give you a quick example of how this works:

One day someone sent me an email that upset me. In the past I would handle it by working on my emotional hot buttons or by trying to reason with the person who sent the nasty message. This time I decided to try Dr. Len's method.

I kept silently saying “I'm sorry” and “I love you.” I didn't say it to anyone in particular. I was simply evoking the spirit of love to heal within me what was creating the outer circumstance.

Within an hour I got an email from the same person. He apologized for his previous message.

Keep in mind I didn't take any outward action to get that apology. I didn't even write him back. Yet by saying “I love you,” I somehow healed within me what was creating him.

I later attended a *ho'oponopono* workshop run by Dr. Len. He's now 70 years old, considered a grandfatherly shaman, and is somewhat reclusive. (You can see a photo of him and me in the pictures section of [www.mrfire.com](http://www.mrfire.com).) He praised my book, *The Attractor Factor*. He told me that as I improve myself, my book's vibration will raise and

everyone will feel it when they read it. In short, as I improved, my readers would improve.

“What about the books that are already sold and out there?” I asked.

“They aren’t out there,” he explained, once again blowing my mind with his mystic wisdom. “They are still in you.”

In short, there is no “out there.”

It would take a whole book to explain this advanced technique with the depth it deserves. Suffice it to say that whenever you want to improve anything in your life, there’s only one place to look: Inside *you*.

And when you look, do it with love.

*“My job here on earth is twofold. My job is first of all to make amends. My second job is to awaken people who might be asleep. Almost everyone is asleep! **The only way I can awaken them is to work on myself.**”*

-- Ihaleakala Hew Len, Ph.D.

## **Beyond Manifestation Process**

Now let's bring this to life in a more dramatic way:

### ***1. Are you happy right now?***

If yes, enjoy.  
If not, go to step two.

### ***2. What is in the way of being happy right now?***

You may feel a physical ache or a tension; you may have a problem or concern on your mind. You may feel sad or irritable or confused or moody to any number of emotions other than peace, happiness or clarity in this moment. Make note of it.

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### ***3. How can you release that block?***

This is where you need to “get clear.” There is a wide variety of ways to do that, from questioning your beliefs, to EFT, to imagery, to forgiveness, to simply saying “I love you” repeatedly. What can you do to release the block to happiness right now?

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***4. What do you feel inspired to do?***

Write it down here:

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Whatever it is, do it.

*Just do it.*

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## In short, Beyond Manifestation is all about –

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1. being happy right now, cleaning anything that is in the now with love, forgiveness and total responsibility;
  2. listening to the inspiration coming to you right now, and
  3. acting on it right now.
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When you are in the moment, and being one with the energy of all, at **The Z State** or **Zero Limits** state, then you will take your cues from the Divine – which, at heart, is who you are.

You are God.

Get over it!

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# **Attracting Wealth**

**by Dr. Joe Vitale**

*(A transcript of a talk given April 9, 2006)*

I was thinking all week long, “What am I going to be talking about to this group?” Because I have 30 different books, all these different things that I can talk about, and I thought, “Well, maybe I should look to see what Mindy told people.” [Chuckle]

Audience: [Laughter]

Joe: Then I found out that, “Oh, you want to know how to attract wealth!” That narrowed it down for me quite a bit.

So, I understand that’s why you are here, because two more rows of seats were brought in because so many people...and there are people standing in the back. So, apparently, is that what’s on your mind? You want to know how to attract wealth?

Audience: Yeah. Sure.

Joe: A couple of people want to know? Don’t you ALL want to know...how to attract wealth??

Audience: YEAH! [Clapping and laughter]

Joe: I have the secret. I have the secret on how to attract wealth in this box and I’m going to show it to you in a minute.

So, there are at LEAST TWO REASONS why you are not attracting wealth right now. But, let’s back up for a second. You want to attract wealth, but the REALITY is, “You are ALREADY attracting wealth!” MOST people over look that. You are FAR wealthier than many of the people on the planet! You are FAR

wealthier than many of the people in HISTORY! You are probably living (even if you are in an efficiency) better than kings and queens of past centuries! YOUR WEALTH is astonishing!! So you are already attracting wealth! You want to ACKNOWLEDGE that! But also, you want more.

Audience: [Laughter]

Joe: Right? Don't you want more? Ah...the secret!

Audience: [Laughter]

Joe: Have you seen the movie, *The Secret*?

Audience: No.

Joe: Oh, you want to see the movie, *The Secret*. It's at [www.whatisthesecond.tv](http://www.whatisthesecond.tv). I believe that this movie will ELEVATE the consciousness of humanity – [www.WhatIsTheSecret.tv](http://www.WhatIsTheSecret.tv)! In fact, it needs to be shown here. I can bring a copy sometime Mindy and we'll set it up so that you can SEE it, but that's not the secret in THIS box. A completely different secret!

There are at least two reasons why you are not attracting the wealth that you want. The first one is, **“You are not acting on all of the ideas that are being given to you from the Divine by Grace.”** Don't lie to me. I KNOW that you've been getting ideas and NOT acting on them. ALL of you have, myself included.

I HAVE learned that money likes SPEED. So if I get an idea on something, my job is to act on it as fast as humanly possible. Most of us don't do that. We talk ourselves out of it. We doubt ourselves. We listen to other people who talk ourselves out of it. We look at all the 'facts' and say, “It won't work,” but we DON'T take ACTION. How many of you ALREADY admit to that?

WOW!! I didn't think that that many would admit to it. [Laughter]

Audience: [Laughter]

Joe: I knew it was TRUE, but I didn't know that you would admit to it.

Well, the first thing is to realize that you need to DO need to TAKE ACTION. That's the FIRST MISTAKE that most people are making in NOT attracting MORE of the wealth that they WANT. You NEED to take actions on these ideas.

Stop for a second and reflect. Most of you have an idea for something in the past and you didn't act on it. What happened six months or a year or a few years later?

Audience: Saw it on a shelf.

Joe: You saw it on the shelf!

Audience: Yeah. [Laughter]

Joe: Or, you saw somebody else with a business.

You see, my belief is that these ideas don't just come to YOU. They are coming to a handful of people...I don't know HOW many people, but we are going to say a handful of people, at the SAME TIME. The Divine is opening up the gate. It's sending in some ideas. You are one of the ones RECEIVING it. Those who ACT on it are the ones who are going to profit FROM it. You DON'T act on it. Somebody else got the idea at the same time you did and they are acting!!

I believe that the Universe is sending those ideas to MORE than one person, because It's already realized, "Not everybody's going to act on these ideas, even though we are giving them to you for free!" So, that's the first thing to realize is that "You don't take... You are not taking action on your ideas. Money likes SPEED."

Now the second thing...this is the BIGGER one and this is what I wanted to talk about today. **The whole idea is that you have "stuck energy" in your body and mind that is being tied up with something that you've not forgiven somebody for -- most likely, yourself.** Now...this is the biggie.

I was really nervous about bringing it up, but I thought, "You know what? **If you REALLY want to attract wealth, you MUST RELEASE the energy that is WITHIN you that is actually STOPPING (when it is stuck, it is stopping) the prosperity from coming into your life. When you RELEASE it, you've opened up ALL of the channels for it to come into your life.**" Again, it ties into the SECRET that's in this box.

You can probably have wealth in your life without releasing stuck issues, without forgiving everybody. You can probably have wealth

and still have pain. Why would you want it? Why would you want that?

So, I'm going to come from a bit more of a metaphysical view, a psychological view, kind of a "wispy" view in some people's view, but I'm going to say you want to go and **RELEASE the people that you have grudges against**. Somebody, some time, some place has hurt you and you haven't let go of it. It's happened to ALL of us, myself included.

Those of you that have read *The Attractor Factor* know in the final chapter is about a pretty shocking occurrence there and what I had to do to get on the other side of it. But this all ties in to what we are doing today. It even ties into that brief meditation I did earlier. I'm going to WALK you through a little process that's going to help you RELEASE THAT stuck energy so that you can BRING IN this prosperity that you want!

So, let me say something that might be a little disturbing. Last night I got an email from a person that I don't know at all who has read *The Attractor Factor*, been practicing *The Attractor Factor* and been studying it. She's even on *The Attractor Factor Study Group* which is a Yahoo group online.

But, her husband just died, after a three months TORTUROUS experience. He'd had a heart transplant that didn't take. They gave him medications that he turned out to be allergic to. His skin began to EAT itself. Three months of intense pain and he died.

So, she writes me...calling out to the guru who wrote the book in saying, "What do I do? I thought I had total power? I thought I can attract anything I wanted? I thought I could heal him?" WHEW!! Big one! That email came last night.

I thought about it. I felt for her. I've had loses. You've had loses, maybe not as tragic or as terribly done, but we've all had it. "We are all going through something," as it says in *Life's Missing Instruction Manual*.

So, I thought about it and I wrote to her and I said to her, "Well, the reminder is that Step 5 in *The Attractor Factor* is that YOU HAVE TO LET GO. You have to let go! You do NOT have control over the big picture. Our EGO wants to THINK we have total control, but our ego is looking through a peep hole. We are on the way...and the rafters...the peanut seats, as we used to call it, trying to see the stage and understand what's going on. We have a VERY

TINY view of the world and a very TINY amount of power. We have MORE power than we ever IMAGINED before! We are GOD’S over our OWN lives, but we are not THE God. We are not THE Divinity. We are not THE Universe.”

So, I had to tell her, “I don’t know why your husband is gone or why he went in the way that he did. There are so MANY things that I have no CLUE about! NONE!!

But Step 5 is about letting go and trusting that EVERYTHING is HAPPENING for the HIGHEST GOOD OF ALL CONCERNED. I KNOW that’s big! I KNOW!!

You know from the ending of *The Attractor Factor* and what I went through and what my wife at that time had gone through, that it is not just snap your fingers and it’s gone. At least, it wasn’t for me. It MAY BE for you. That POSSIBILITY is there!

What I am reminding you to do and I would suggest that you do today, is that the SECOND thing that is stopping you from attracting wealth is this stuck energy. Somebody that you’ve not forgiven...and it’s probably yourself...you may be BLAMING somebody else, but it was probably you that’s throwing out the energy.

I see the ENTIRE world as a PROJECTION. It’s just a MIRROR. It’s being projected from inside of ME. If I don’t like something out there, then I’ve got to change inside ME, NOT OUT THERE!

Even though we may look out and say, “Well, it’s this other person’s fault. It’s the doctor’s fault. It’s the therapist’s fault. It’s whoever’s fault.” It’s not their fault...at all! They were acting for whatever unconscious reasons THEY had to act off of.

YOU HAVE TO HEAL YOU!!! So, the invitation is to look at that experience in a positive way. That’s going to tie into this secret.

In the back of *The Attractor Factor*, I quote a fellow by the name of Kurt Wright who wrote a book, *Breaking the Rules*. I love the book. I encourage you to read it, *Breaking the Rules*. If it’s not in the library... or I’ll buy you a copy and put it in the library, *Breaking the Rules*. There is this wonderful passage that I’m going to read because it helps give perspective in what we are talking about right now.

“Have you ever NOTICED how easy it is to look back on events that happened a year or more in the past and see the perfection in them? For most us, this is true, even for situations which seem tragic, horrible, or even DEVASTATING at the time. Now, if it is possible to see the perfection in those things a YEAR later, doesn't it make sense that the perfection must be there in the moment it happens, too?”

I hear some sighs, some releasing going on just with that paragraph, just understanding.

**There IS perfection in every moment. Whatever that moment is that you are holding a grudge to...you haven't forgiven about, there is PERFECTION IN IT! What you WANT to do is see it DIFFERENTLY than how you have been seeing it. You want to find the POSITIVE in what LOOKS LIKE a very TRAGIC situation.**

I wrote back to that woman last night who had sent me her email. She wrote back this morning. She THANKED me. She said that, “It's absolutely true that she was wrestling with Step 5 in *The Attractor Factor* about letting go and trusting.” She admitted, and I'm RIGHT THERE with her, in how HARD that is to do when your emotions are still tied up with the death of a loved one, but she was doing it, the best that she could...one day at a time.

**What I am inviting you to do today in order to attract wealth into your life, is that FIRST step is to start taking more actions on the ideas that are being given to you by Grace and the second is to RELEASE the stuck energy in those situations that you've been considering to be TOTALLY negative. You RELEASE it by switching your brain and seeing it differently.**

By now, you are CURIOUS what's in this box...

Audience: [Laughing]

Joe: ...and what the secret is. This is remarkable! I ALMOST didn't even bring it. Ah...there it is!

Audience: [Laughter]

Joe: Everybody feel better now?

Audience: [Laughter]

Joe: Now that you know the secret? Now that it's been released?

This is called a Pirolette. Has anybody ever seen a Pirolette?  
Anybody know what it is? You have? So you know what it is.

Audience: [Inaudible]

Joe: Because of my websites? Yes, because of my website. [Laughter]

Audience: [Laughter]

Joe: I've got a blog where I've been talking about the Pirolette over the last couple of days. I'm FASCINATED by this.

This is an optical illusion in wood. Now, I don't know what you see yet. But it's beautiful that we have this blank wall because that's going to help you see it. What this is, as they say on their website...they have this wonderful statement, which I hope I can find real quick, I don't seem to be finding it.

They say a Pirolette is "a solid artifact of a space we forget to look at." Oh, this is good. "A SOLID artifact of a SPACE WE FORGET to look at." **This is going to tie in to the things that you want to forgive in your life, so that you'll look at it differently.**

Does anybody know what's going on with this Pirolette?

Audience: [Inaudible]

Joe: Yes?

Audience: A profile.

Joe: Okay, she said, "That's a profile."

Audience: [Inaudible]

Joe: What's that?

Audience: Negative space.

Joe: Okay. She sees a profile. She sees the negative space. There IS something going on in THIS space that you don't typically look at and in THIS space that you don't typically look at.

Most of us are looking at it head on, like we do all the experiences in our lives. I'm going to give you a hint here. I'm moving it around so that you can see it differently. So, most people look here. I want you to look at the space on both sides. See anything going on? Anybody want to jump or leap out and say?

Audience: There are two profiles.

Joe: Okay! Somebody said, "We've got two faces." There are faces. Okay. There's MORE than that though. You are RIGHT on the money. There are FACES here. There's a face here and a face here.

This is much like the optical illusion that you see when you look at the vase and is it an old woman or a young woman? You've seen that, right? This is an optical illusion, this Pirolette. The only difference is...it's MY face!

Audience: Wow!

Joe: It's MY face!

Audience: Oh!!!

Joe: Have I got it right?

Audience: Oh!!!

Joe: Isn't that right?

Audience: [Laughter. Clapping]

Joe: I think the company that makes these is called Turn Your Head, [www.TurnYourHead.com](http://www.TurnYourHead.com). It's real! You take a picture of yourself or you have someone like Nerissa take a picture of me when I was in front of a blank wall, so that they get the image, and then you send it to them and then they make this! It is truly remarkable! But it's kind of a metaphor.

There are so many things going on with this little optical illusion. I wanted to use it because it is referring to the fact that this is a solid artifact of a space that we forget to look at. My God, that is SO RELEVANT!!! THE SPACE THAT WE FORGET TO LOOK AT!

**I want you to look at that perceived negative experience that you've been holding onto and you know which one that it is. It's already surfaced because of this conversation today. I want you to begin to look at it in a POSITIVE way.**

I want you to pretend that it IS one year in the future. I'll walk you through a short process to do this in just a second, but it's tying back to meditation that we just did, we you had to go into future.

You go into the future and keep in mind Kurt Wright's from *Breaking the Rules* statement, "If it is possible to see the perfection of those things a year later, doesn't it make sense that the perfection MUST be there in the moment it happens or happened, too." Are you starting to get this?

**This FREES YOUR ENERGY. Your energy will no longer be tied up holding onto a memory. It will no longer be tied up holding on with negative thoughts, negative images, doubts, concerns. It will be RELEASED so that you can pursue the ideas.** Remember that's the first thing that I said people were not doing is following the ideas. You'll release the energy to follow those ideas. **You'll be able to implement them!** You WON'T be carrying around the ANCHOR. You WON'T be DRAGGING this boat, this HISTORY. **You will BE FREE to ACHIEVE the WEALTH that you WANT!!**

Now, how would you like to go into the future again and this time...release yourself or whoever you think was involved in the negative stuff that we were just talking about?

What I invite you to do is to close your eyes...close your eyes and relax. You've already been there. You've already done that. You know how to get back into that WONDERFUL space of TOTAL peace and EASE.

If there's any TENSION in your body, let your mind focus on it for a moment and as you breathe and let it out, you'll RELEASE it. Get comfortable in your seat. Get comfortable in this WONDERFUL, HIGH ENERGY, BEAUTIFUL WHITE LIGHTED place called UNITY. If there's any place to do the HEALING and to manifest your dreams, this is the place, the beginning.

So, anchor yourself in your body. Breathe deep. Let it go. Relax.

I'm going to ask you to travel in your mind one year into the future and if you need to, go a little past the one year. What you are looking for is that place where you can stop, turn around, look at whatever you perceived as being not so happy and see it differently.

Maybe you will have an insight that gives you the POSITIVE view of what you once considered negative. Maybe you'll just see the WHITE LIGHT surround you... surround that person / that place / the event.

If you are having trouble experiencing this, just play...just act it out. Just play along for the fun of it. What WOULD it FEEL like if you DID let go? What would it feel like if you DID heal this? What would it feel like if you DID see the positive in this once negative situation?

[Silence]

Notice how WONDERFUL it feels to be in a place of peace...to be in a place of Divine energy! It's ALL FOR the GOOD. You may not understand it, but you ARE to ACCEPT IT!

HEAL YOURSELF BY LETTING GO!!!

ENJOY this moment. BREATHE it in! ANCHOR it into your body.

Whenever you are ready, pay attention to my voice, listen to the sounds in this room, and come on back to this moment, but WITH THE INSIGHTS from the MOMENT that you JUST visited. Take a deep breath and let go.

[Silence]

There are SO MANY things that I can talk to you about when it comes to attracting wealth or anything else in your life. To me, I've expressed it in the five steps that are in the book, *The Attractor Factor*, but I have found that the MISSING SECRET has been THIS ELEMENT of LETTING GO. So that's why I wanted to focus on it today.

I had a Vedic Astrology reading done a few months ago. Vedic Astrology is different from Western astrology. Vedic is very specific in telling you exactly when things are happening. That's

not just personality traits, but it's more...events that are going to take place and when and where and what to do about them.

In this Vedic Astrology reading that I had, she said this WONDERFUL line. I've forgotten everything else that she said, but I remember this one line. She said, "Joe, the WORST is OVER. The BEST is yet to come."

So, I'm that saying that all to you.

- The WORST IS OVER. The BEST IS YET TO COME.
- LOOK for the SPACE in every moment that MOST people don't pay any attention to.
- EXPECT miracles!

Thank you.

## **RESOURCES**

[http://www.wildwisdom.net/lakshmi\\_jrnl\\_j1.htm](http://www.wildwisdom.net/lakshmi_jrnl_j1.htm) - for magic journal

<http://www.yagna.by-choice.com/>

<http://www.hooponopono.org>

[http://www.galacticcenter.org/vedic\\_astrology\\_readings.htm](http://www.galacticcenter.org/vedic_astrology_readings.htm)

<http://www.businessbyyou.com> – for Dr. Len

<http://www.TurnYourHead.com>

<http://www.MrFire.com>

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Dr. Joe Vitale is the author of way too many books to list here, including the #1 best-seller *The Attractor Factor: 5 Easy Steps for Creating Wealth (or anything else) from the Inside Out*. He also wrote *Life's Missing Instruction Manual: The Guidebook You Should Have Been Given at Birth*. Browse a catalog of his products, read dozens of articles by him, and sign up for his free ezine at <http://www.MrFire.com>

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